



**Recommended materials for this project:**

- a 6-inch embroidery hoop
- fabric of your choice (I used 100% cotton unbleached muslin)
- cotton embroidery floss
- transfer method of your choice  
(I used Pellon® Stick-N-Washaway™)
- a size 5 embroidery needle
- a small pair of scissors
- Crayola watercolors (optional)
- size 4 round watercolor brush (optional)



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For this project we used hand-dyed variegated pearl cotton embroidery floss (size 8). DMC makes an assortment of variegated pearl cotton flosses in a slightly larger size (size 5), or as an alternative you can also use a 6-strand variegated embroidery floss from a craft store.

Experiment with watercolors on your fabric for the fill section of the text, or simply use thread.

For watercolor + embroidery tips visit [bit.ly/watercoloremembroidery](http://bit.ly/watercoloremembroidery)

For how-to embroidery stitch videos, visit [www.bethcolletti.com/videos](http://www.bethcolletti.com/videos)



### KEY



Small Flowers - French Knots

3 strands of the variegated color of your choice OR  
1 strand of pearl cotton, size 8



Roses - Spider Web Rose Stitch

6 strands of the variegated color of your choice OR  
1 strand of pearl cotton, size 8



Letter Outline - Back Stitch

3 strands of the variegated color of your choice OR  
1 strand of pearl cotton, size 8



Letter Fill

Try experimenting with watercolors on fabric to get the effect shown in this example, or if you'd prefer to stitch it, use a fill stitch like the Satin Stitch and skip embroidering an outline around the letters.



Enjoy our other plant-inspired embroidery patterns, available in our shop!



### Some ideas of where to use your herb embroidery patterns:

- essential oil sachet
- quilt
- pillows
- canvas shopping bag
- tea towels
- framed art
- canvas wall art
- apron
- ...and more!

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